The Professional School Counselor and College Entrance Test Preparation Programs

American School Counselor Association (ASCA) Position

Professional school counselors help students and their families become aware of college entrance test preparation programs. It is the responsibility of the students and their families to make any decisions with respect to such programs.

The Rationale

College admissions tests are often experienced as intimidating or threatening to students. In the wake of this pressure, college entrance test preparation, whether in the private or public sector, is a subject that schools and, in particular, professional school counselors must address. Most students benefit from becoming more familiar with the format, test-taking strategies, content area review and repeated test-based practice.

The Professional School Counselor’s Role

In a comprehensive school counseling program, the professional school counselor provides information and coordinates services for all students in the provision of supplemental study skills programs as well as academic and career development.

Summary

Professional school counselors collaborate with other school staff to assist students in preparation for college admissions tests. Advance preparation and repeated test-based practice is to the advantage of the students taking the tests. Students and their families must make the choice of what best meets their needs, particularly in regard to commercial test preparation programs.